

Referrals

Anyone can make a referral to the Day Hospital and we ensure that your family doctor is aware of the referral. A member of the Day Hospital team will contact you and arrange a time to meet to discuss your needs and begin a care plan.

The Day Hospital team collaborates with Alberta Health Services to offer a wide variety of services and programs. Through this partnership, clients and their families can receive the type of care that best meets their needs.

For referrals, please contact the Day Hospital directly.

Telephone: 403-640-6480, Fax: 403-258-7681.

Hours, Costs and Transportation

- Day Hospital is open Monday through Friday and clients attend 2.5-hour sessions (morning or afternoon), usually 2 days a week.
- Transportation can be arranged for you throughout your Day Hospital treatment program.
- There is no cost to access the Day Hospital.

Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages.

As Calgary's largest care provider of its kind, Carewest operates 14 sites and several community services aimed at helping people live more independent lives.

The Calgary Health Foundation

The Calgary Health Foundation fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit our web site at calgaryhealthfoundation.ca/carewest

Calgary Health Trust Charitable Reg. (B.N.)

89383 4697 RR0001



Day Hospital

at Carewest Glenmore Park



carewest.ca

April 2024



About Day Hospital

The Carewest Day Hospital provides a comprehensive blend of assessment and treatment for older adults:

- Who are not managing well at home because of health problems;
- Who may recently have been discharged from a hospital and require ongoing professional rehabilitation services;
- Whose quality of life may be diminished because of physical, mental or social health problems; or
- Frailty.

Admission Criteria include:

- Adults who are over 65 years of age;
- Adults who are currently living in the community (at home or assisted independent living);
- Adults who are capable of getting to the program site.

Our Aim

At Day Hospital, we aim to help you improve your functional ability, minimize your frailty and enhance your wellness and quality of life. We link with other community programs and services and also forward reports and recommendations to your family doctor and other care providers.

Day Hospital Services

Day Hospital services are designed to be short term. The average length of treatment is three to four months. An interdisciplinary team works with you and your family to identify and address your care needs.

Medical

The medical staff of the Day Hospital provide expertise in the area of geriatric medicine.

Nursing

Nursing services in the Day Hospital assist with a wide variety of health issues and concerns. These may include medication management, nutrition counseling, pain management, and incontinence assessment and management.

Dietitian and Pharmacy

These services are provided on a consult basis.

Rehabilitation

The Day Hospital rehabilitation services are wide and varied. Staff members provide expertise in the specialties of physical therapy, occupational therapy, and recreation therapy to help you attain the best possible level of independence.

Social Work and Psychology

Dealing with the effects of chronic illness or changes in function can be difficult. The Day Hospital team and psychology services will help you and your family members with concerns you have or challenges you may be facing. This may include counseling and access to community services.

The Day Hospital is located at:

Carewest Glenmore Park

6909-14th Street S.W.
Calgary, Alberta T2V 1P8
Phone: 403-640-6480

