

## How to Join

Eligibility is determined by age, desire to remain in the home, among other factors determined by a Home Care Nurse.

To find out more information about referral and eligibility please contact your current Home Care Case Manger or the Community Care Access Team at 403-943-1920.

Calls to the C3 Program are also welcome. See contact information below.

## Locations

### Carewest Sarcee

3504 Sarcee Road S.W.  
Calgary, AB, T3E 2L3  
Phone: 403-686-8140\*

### Carewest Beddington

306- 8120 Beddington Blvd. N.W.  
Calgary, AB, T3K 2A8  
Phone: 403-520-3350\*

\*Please note that these numbers are answered after hours by an automated answering system.

## Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 14 locations and several community services aimed at helping people live more independent lives.

## The Calgary Health Foundation

The Calgary Health Foundation fundraises for excellence in health care and helps ensure the quality of life for those served by Carewest. To donate please call 403-943-0615 or visit [calgaryhealthfoundation.com/carewest](http://calgaryhealthfoundation.com/carewest)  
Calgary Health foundation Charitable Reg. (B.N.)  
89383 4697 RR0001



Comprehensive  
Community Care (C3)



[www.carewest.ca](http://www.carewest.ca)

February 2024



## Welcome

The C3 program is for frail seniors with chronic illnesses who live in designated areas of Calgary and require extra supports to remain safely at home. If you need ongoing medical care, day support, and/or home services to remain independent at home, the C3 program could be for you.

Our objective is to partner with you to manage your physical, medical and social well-being. We can assist you with medications, laboratory tests, specialist appointments and therapy.

## At the C3 Day Centre

Our team of health care professionals will support you to stay as healthy and independent as possible. You may be seen by any member of the Care Team (depending on your needs).

## At Home

Alberta Health Services Integrated Home Care can assist you with managing your personal care (such as bathing, getting dressed, taking medication, etc.).

## Social Opportunities

Social opportunities are an important part of the C3 program. The Day Centre provides an ideal environment to make friends and take part in meaningful activities.

## Physicians

To help manage your health and well-being, and deliver continuity of care in a timely manner, we provide our own physicians. This means that once you join the program, one of our family physicians will direct your care.

## Pharmacy

Our pharmacy will provide your medications and our staff will help you in the transition process.

## Short-term Treatment at Carewest Sarcee

Clients in the Beddington and Sarcee C3 programs have access to one short-stay bed at Carewest Sarcee that is available for medical treatment. It is a potential option should you require short-term medical treatment if you are too ill to stay at home.

## Costs

There is a minimum monthly fee for the C3 program. Subsidy may be available to help cover the costs based on eligibility. Medication costs are determined by our Pharmacy and will be processed monthly.

## The Care Team

At C3, we work as a team to give you the best care possible. If you decide to join C3, you and your support network will partner with C3. The team includes:

- You, the client
- With your agreement, your support network (e.g. family, caregivers)
- Community Care Assistant
- Dietitian
- Family Physician
- Nursing Staff
- Occupational Therapist
- Pharmacist
- Physical Therapist
- Recreation staff
- Social Worker

## Day Centre

### Hours

The Centre is open between 8:00 a.m. and 4:00 p.m., Monday to Friday. Closed on Statutory holidays.

### Meals

Morning snack and lunch are provided at the Day Centre.

### Transportation

C3 will assist you with arranging transportation to and from Carewest Sarcee or Carewest Beddington two days a week.