

Supporting MENTAL HEALTH programs can change lives

- ♥ 60% of people suffering from addiction or mental illness will not seek the help they need because of the stigma associated with these issues
- ♥ 46% of Albertans reported a deterioration of their mental health since the start of the pandemic
- ♥ 33% of Calgarians felt stress due to their finances
- ♥ By age 40, nearly half of all Canadians will have or have had a mental illness
- ♥ 25% of Indigenous adults surveyed in Calgary reported having a mental health condition
- ♥ 70% of adults with a mental illness say their symptoms first emerged during childhood and adolescence, yet only 1 in 5 children who needs mental health support receives it



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Vincenzo



United Way
Calgary and Area



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