

Supporting MENTAL HEALTH programs can change lives

- 📊 62% of people suffering from addiction or mental illness will not seek the help they need because of the stigma associated with these issues.
- 📊 41% of Americans reported a deterioration of their mental health since the start of the pandemic.
- 📊 51% of Canadians felt stress due to their finances.
- 📊 By age 40, nearly half of all Canadians will have or have had a mental illness.
- 📊 21% of Indigenous adults surveyed in Calgary reported having a mental health condition.
- 📊 51% of adults with a mental illness say their symptoms first emerged during childhood and adolescence, yet only 1 in 5 children who needs mental health support receive it.



Scan to learn more



CHRIS



United Way
CALGARY AREA



Scan to learn more

Click on Chris's photo to see his story.