

Own Medicine

can will ask for as much information about medications that you were receiving to the care centre.

coming from home, have a family bring in a list of all medication you have (e.g., including supplements, vitamins or edibles). This should include the product name and time you take the product.

ever reacted to a medication or food if your care team.

know what your medications are to take them, even if someone is. It's okay to ask us if you need to.

ation handed to you is different (age, size), it is okay to ask the staff to see approved to be taking it.

Hot Shower Water

The water temperature of all tubs has a safe temperature range of 38° to 42°. You may be asked to check the water temperature before using your shower. Let your care team know if you prefer a water temperature lower than 38° or if, due to a risk of falls, temperatures cannot be raised.

questions, contact the Client Services or your unit.

Innovative Health Care

Carewest is a leading health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 34 locations and several community services aimed at helping people live more independent lives.

The Calgary Health Foundation

The Calgary Health Foundation fundraises for excellence in health care and helps ensure the quality of life for those served by Carewest. To donate, please call 403-943-0833 or visit www.calgaryhealthfoundation.ca/carewest

Calgary Health Foundation Charitable Reg. (S/N)
80055-4867 800000

Philosophy of Care

In support of our Carewest frame of reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.



Adaptation from Alberta Health Services, *Take Together Initiative*

Carewest.ca

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A Safety Guide for
Residents, Clients,
Families, Guardian
Visitors

 Carewest
INNOVATIVE HEALTH