

## Discharge

Planning to go home starts when you arrive. Please participate in planning a successful discharge.

Your team will discuss community resources and equipment options with you. You will get as much notice as possible of your discharge date. You are responsible for arranging your own transportation for discharge.

## Diagnostic tests and lab services

Most X-rays and blood work are provided on the unit. Access to specialized diagnostic services (bone scan, CT scan, MRI scan, etc.) is provided if required and will be arranged by your team.

## Laundry

You and/or your family/support system are responsible for personal laundry. Please speak to staff if this is difficult for you, to get more information about site-specific service options.

## Smoking

Smoking is discouraged. Ask your physician if you would like more information about quitting. Smoking is only permitted in designated areas or off the property. Staff are not able to transport you to or from smoking areas.

## Other Amenities

- Cafeteria
- Gift Shop
- Gardens
- Telephones for local calls

## Visiting and Parking

Visiting hours are flexible. Preferred visiting hours may be posted on the unit.

Family and those who support you at home are welcome to join in therapy sessions so they can see your progress and learn how best to support you. Please consult the staff about pet visits. Pay parking is available at all sites. Only credit or debit cards are accepted.

## RCTP locations in Calgary

Carewest Dr. Vernon Fanning  
722 – 16th Avenue NE Calgary  
Phone: 403-230-6945

Carewest Glenmore Park  
6909 – 14th Street SW Calgary  
Phone: 403-258-7650

Carewest Sarcee  
3504 Sarcee Road SW Calgary  
Phone: 403-686-8118

## Innovative Health Care

Carewest is a leading health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 14 locations and several community services aimed at helping people live more independent lives.

## The Calgary Health Foundation

The Calgary Health Foundation fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit our website at [www.calgaryhealthfoundation.ca/carewest.org](http://www.calgaryhealthfoundation.ca/carewest.org)

Calgary Health Foundation Charitable Reg. (B.N.)  
89383 4697 RR0001

## Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.



[carewest.ca](http://carewest.ca)

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The information in this pamphlet is subject to change without notice.



Rehabilitation and  
Community Transition  
Program (RCTP) and  
Enhanced RCTP

