

Carewest C3 Beddington opened its doors to the Calgary community in 2013 and offers programs and services to clients over the age of 65, living in north Calgary.



## Comprehensive Community Care

A support program that provides support for seniors by offering primary care to elderly clients living in the community – allowing them to remain at home with a higher quality of life. Care is provided by an interdisciplinary team and consist of a medical clinic, day program, access to home support, transportation support, and access to a short-term inpatient treatment bed.



At Home

Our Community Care Assistants (CCAs) can assist you with managing your personal care (such as bathing, etc.). You also have the security of knowing that C3 is just a phone call away.



**Social Opportunities** 

Social opportunities are an important part of the C3 program. The Day Center provides an idea environment to make friends and take part in meaningful activities.



If you need ongoing medical care, home services and day support to remain independent at home, the C3 program could be for you. Our objective is to partner with you to manage your physical, medical and social well-being. We can assist you with medications, laboratory tests, specialist appointments and therapy.



## At Carewest C3 Beddington

C3 will assist you with arranging transportation to and from Carewest Beddington two days a week. Our team of health care professionals will support you to stay as healthy and independent as possible. You may be seen by any member of the Care Team (depending on your needs).



## Physicians and Pharmacy

To help manage your health and well-being, and deliver continuity of care in a timely manner, we provide our own physicians. This means that once you join the program, one of our family physicians will direct your care. Our pharmacy will provide your medications and our staff will help you in the transition process.

