



## SUPPORTIVE PATHWAYS

### Agenda with learning objectives

#### DAY 1

0800-0830 Introductions and Pre-test

0830-0930 **Module 1: Personal and Organizational Beliefs and Values**

- Discuss personal beliefs and values about caring for clients with dementia
- Recognize how beliefs and values can affect the care provided
- Acknowledge and identify common stereotypes that contribute to ageism and 'dementialism'
- Discuss importance of organizational values on quality of care

0930-0945 Break

0945-1130 **Module 2: Individual and Family Care**

- Understand the value of "seeing" the person behind the disease and how to individualize care
- Understand how culture and spiritual values can impact care
- Discuss how to work with families to create quality partnerships

1130-1200 Lunch

1200-1445 **Module 3: Normal Aging Changes and Disease Process in Dementia**

- Increase knowledge of normal aging changes
- Increase knowledge of types of dementia
- Discuss stages of dementia
  - Mobility and Safety; introduction to restraint use
  - Comparison of the 3 D's; their potential association with restraints

1445-1500 **Module 4: Effective Communication**

- Discuss the importance of non-verbal communication
- Understand how the disease process affects communication
- Discuss different strategies to use when communicating with persons with dementia

## DAY 2

0800-0830 Sharing Ah-Ha Moments

0830-0930 **Module 5: Responding to Altered Behaviour**

Understand that behaviours may occur when interacting with persons who have dementia  
Discuss strategies to prevent and intervene when behaviours including aggression occur  
Learn a problem solving approach to support persons with dementia who are distressed  
Consider delirium as a cause if there is a change in behaviour  
    Dealing with Aggressive Adults Across Levels of Care  
    Alternative Approaches/Support Strategies including Support Strategies for Aggression  
    and Adaptive Environment  
    Medications as a Last Resort and Appropriate Use of Antipsychotics

0930-0945 Break

0945-1145 **Module 5** continued

1145-1215 Lunch

1215-1415 **Module 6: Supporting Quality of Life**

Understand the importance of providing quality to the lives of persons with dementia  
Understand that environment consists of physical as well as social elements  
Understand safety issues when caring for persons with dementia  
Understand that individuals should have opportunities to have their needs for intimacy met  
Recognize the danger in restraint use

1415- 1430 Break

1430-1530 **Module 7: Making Life Meaningful**

Recognize the importance of providing meaning to each person's day  
Discuss factors to consider when trying to help people feel useful and occupied  
Understand the different needs of individuals with early, middle and late stages of dementia

1530-1600 Wrap-up (evaluation and Post-test)