

# Carewritite

— Carewest's Newsletter for Staff, Residents, Volunteers and Friends —

## ***The Fanning Centre hosts another fabulous event!***

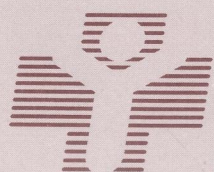


*Two of the guests at the official opening were Miss Abigail Chan and her Mom Gwenda Chan, a nurse on 2 East, Carewest Dr. Vernon Fanning Centre.*

On Friday, February 9, 2001, Carewest and the CRHA celebrated the official opening of the Neuro Rehabilitation Unit at Carewest Dr. Vernon Fanning Centre. The short formal program included greetings from: Janet Umphrey, Executive Director, Foothills Medical Centre; Mr. Jim Dinning, Chair, Calgary Regional Health Authority; Honourable Gary Mar, Minister of Health and Wellness; Nora Kirkham, Executive Director, Carewest; Dr. Tom Feasby, Regional Clinical Department Head of Clinical Neurosciences. Mr. Doug Weinmaster, whose father, Eric, is recuperating on the unit, explained the benefits of the program from first hand experience.

After the formal program, guests toured the unit and therapy areas. Guests also watched a short video produced by the Carewest Communications Department about the neuro unit. If you would like to see the video, please call the Communications Department at 267-2992 to borrow a copy.

The 32-bed Neuro Rehabilitation Unit is for people who have had a stroke and need rehabilitation before returning home. It is part of the Calgary Regional Health Authority's Clinical Neurosciences Program. It is expected that close to 130 patients a year will move through the Neuro Rehabilitation Unit. In his testimonial, Mr. Weinmaster said, "The staff on the unit made it so easy for my Dad to get back on his feet. On behalf of my Dad and our family, I would like to thank everyone responsible for the creation of this new unit."



**Carewest**

*Excellence and Leadership in Continuing Care*

***February 21, 2001***



## NEWS FROM THE CAREWEST DEVELOPMENT COUNCIL

A member of the Calgary Health Trust

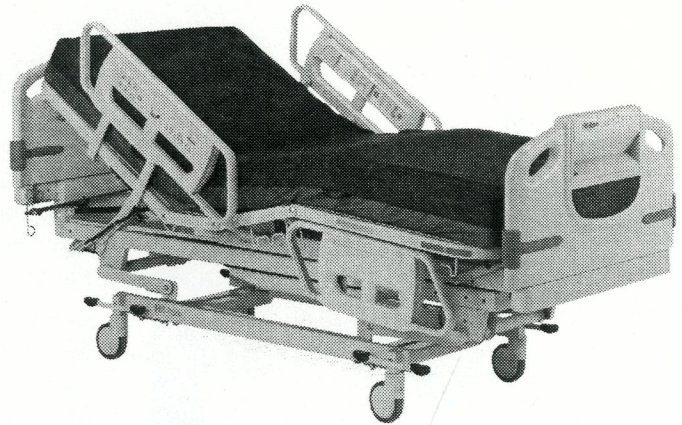
### *The New Year Brings Gifts!*

We have received \$100,000 from our application to the Calgary Community Lottery Board (CCLB) for additional equipment needs for the Carewest Palliative Care Program. Each Site will receive a Broda chair and a special care bed specifically for palliative care. We are most grateful for the ongoing support we have received from the CCLB.

### *Beds, Beds and more Beds!*

Our proposal to an anonymous foundation has been successful and we have just received \$100,000 for the Carewest Bed Replacement Program. These funds will be matched by Carewest, bringing us ever closer to our goal of replacing all the old manual beds at Carewest with new long-term care electric beds.

*Phyllis Konrad, Manager of Development*



## **Singer Paul Brandt to entertain CRHA volunteers**

It is hard to describe the type of person who volunteers at Carewest. These people have many different interests and reasons for volunteering. A definite similarity among our volunteers is the fact they want to contribute their time, energy and skills in a meaningful way. A Carewest volunteer may be a newcomer to the city looking to make new friends, a student wanting work experience or a resident's family member trying to help out any way they can.

Volunteers are a vital part of Carewest all year long. There are over 6,000 volunteers working within the health care system in Calgary. More than 1,100 of these people are volunteering at Carewest. It is obvious we need every single one of these talented people.

Without volunteers, it would be hard for residents to go to medical appointments or shopping in the community. Without volunteers, residents wouldn't be able to take part in some of the recreational activities at our sites. Without volunteers, staff might not be able to purchase gifts or snacks from our gift shops. Without our volunteers, Carewest wouldn't be the first-class organization it is today.

The United Nations has declared 2001 the International Year of Volunteers. In honor of this special year Carewest will recognize the efforts of volunteers throughout the year with a variety of special events. The highlight of the year will be held on May 6, when the CRHA will host an afternoon event at Stampede Park featuring presentations and fun activities for all 6,000 CRHA volunteers. Highlighting the event will be singer/songwriter Paul Brandt.

For more information about the International Year of Volunteers or to volunteer for Carewest, please contact the Team Leader, Resident Services at any Carewest site.





## Colonel Belcher Care Centre News (new project development)

In this issue of Carewrite, we are pleased to profile another member of the Colonel Belcher Care Centre Project Advisory Committee, Lorne Robertson. Lorne is the Director of Supported Living for the Calgary Regional Health Authority.

As a member of the CBCC Project Advisory Committee, Lorne represents the interests of the Care In The Community portfolio of the CRHA. His role is to ensure consistent application of standards including building and care standards so that the new Colonel Belcher Care Centre meets the same guidelines as the rest of the CRHA's publicly owned developments. He also ensures that the vision of the new Colonel Belcher Care Centre is in line with the CRHA's vision of development for new care centres.

"I'm tremendously excited about working on this project because of the direction that long term care is taking and the standards this new facility will set for the future." Lorne noted that unlike other care centres, the Colonel Belcher Veterans' Care Centre has mostly male residents. This means the focus of care and services is quite different – more tailored to the needs of veterans who are predominantly male.

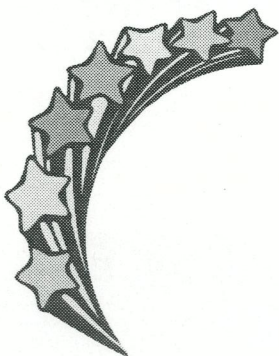
He said the involvement of Veterans Affairs Canada in this project along with the CRHA ensures that the needs of both veterans and community seniors will be met. One of the interesting things about this new care centre is that veterans will be sharing their living space with seniors in the community.



*At a recent opening, Lorne Robertson chats with Dorothy Heathman, Wentworth Manor.*

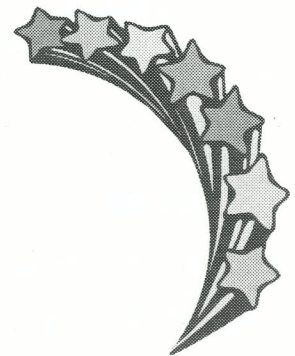
Construction of the Colonel Belcher Care Centre and Seniors Residences will be complete in late 2002. Lorne mentioned that 2002/2003 will be a big year for new care centre beds, with the addition of 443 beds to the health care system.

Lorne has worked in different areas in health care since early 1990. He was born and raised in Calgary, and has lived in Vancouver and Edmonton as well. When asked about his outside interests, he mentioned that he is a judge at horse shows and plans to do some travelling in the near future, hopefully to Spain and Australia.



*Congratulations to the following recipients of the Monthly Draw for January from the Employee Recognition Program:*

**Michele Baden, Cross Bow and Nickle House**  
**Joan Magnussen, Administrative Centre**  
**Valerie Wriedt, Sarcee**  
**Julie Olsen, Royal Park**  
**Deanne Donahue, George Boyack**  
**Treena Slate, Glenmore Park**  
**Anne McKinnon, Dr. Vernon Fanning Centre**  
**Judy Riley, Signal Pointe**







## ARE YOU READY IN THE EVENT OF A TRANSIT STRIKE ?

If you rely on the C-train or City Transit to get to and from your worksite, Thursday, February 22<sup>nd</sup> could cause you grief unless you are prepared.

The majority of Drivers, Mechanics and other staff represented by Local 583 of the Amalgamated Transit Union have voted in favor of taking strike action if talks break down at the negotiating table. February 22<sup>nd</sup> has been targeted as a potential first day to the strike which will mean that transit busses and C-trains will not be operating.

### Make Plans Now!

Don't be caught off guard! Now is the time to start arranging car-pools with co-workers who live in your neighborhood. There's a web site to help people develop carpools at [www.calgarycommuter.com](http://www.calgarycommuter.com). If you have any questions or concerns about the potential strike please call Human Resources at 267-2934.

### Carewest Signal Pointe Celebrates 1st Anniversary!

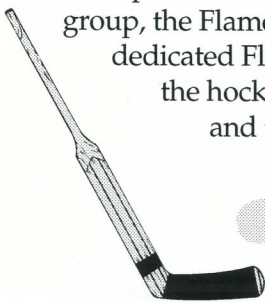
Staff, families and residents are celebrating Signal Pointe's first anniversary with a tea party on February 22, 2001, from 1:00 to 3:00 p.m. On the same evening, neighbours are invited to stop by for a visit and a tour. If you would like a tour, please call 240-7950 to book ahead.

### Battle of Alberta

A terrific time was had by all!

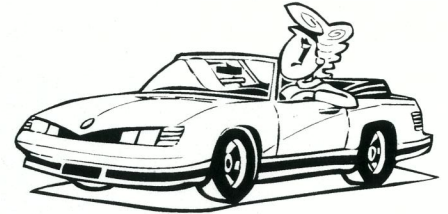
A group of residents in the Capable Seniors program attended the Flames/Oilers hockey game on January 30, 2001. Despite the loud cheers from the 4<sup>th</sup> floor Boyack group, the Flames did not win. Corey Meyer, a dedicated Flames fan said, "everything was good – the hockey game, the sandwiches, the cheezies and the donut holes – I had a great time."

*Shelley Rutledge, Recreation Therapist,  
Carewest George Boyack*



### Looking to share a ride?

I'm seeking someone who lives in the Deer Run, Parkland, Queensland, Lake Bonavista, Diamond Cove or even Douglasdale areas who would be willing to car-pool with me. I work Monday to Friday, 8 a.m. to 4 p.m., at Carewest Cross Bow/George Boyack. Call Agnes at 267-2987.



### Thank you

On behalf of Boyack 2 North residents and staff, we would like to thank Mrs. Frances Wood and her son Tom for their generous donation of a 27 inch television. The residents will enjoy your gift for many years.

*Dorothy Lemczyk, Team Leader, 2 North, Carewest  
George Boyack*

### For Sale

Small couch and matching chair.  
Great condition, perfect for small apartment. \$80  
Coffee table with glass top. Excellent condition. \$30  
Dining room table and 3 chairs.  
Good condition. \$40  
Call 251-9332 for more information.

# Carewrite

Carewrite is produced twice a month. We welcome submissions.

Please contact Debbie Hayman— Voice: 267-2992 Fax: 267-2968 Email: [debbie.hayman@crha-health.ab.ca](mailto:debbie.hayman@crha-health.ab.ca)

[www.carewest.org](http://www.carewest.org)