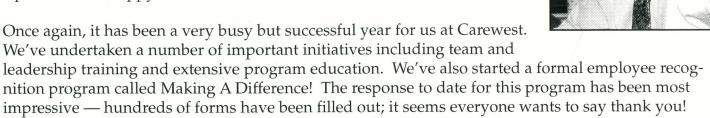


# ....Carewrite....Carewrite....Carewrite....

### CHRISTMAS GREETINGS FROM MIKE CONROY....

With so little snow and exceptionally mild temperatures, it's hard to believe Christmas is just around the corner. As our thoughts turn to this special time of the year, I would like to wish you and your family a peaceful and happy time.



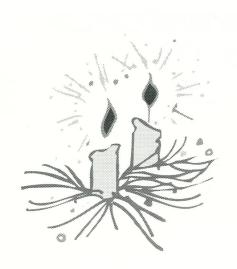
We've opened Royal Park, found a suitable building location for Carewest Signal Point and embarked on renovations to make our sites more comfortable and attractive. I am very pleased with these improvements and the many positive comments they have generated.

We have every good reason to be proud of our achievements over the past year. It is the enthusiasm and dedication of staff and volunteers like yourselves who make Carewest such an outstanding organization. On behalf of our Board, please accept my gratitude for an exceptional year and my very best wishes for the year to come.

Sincerely,

and a

Mike Conroy Executive Leader



#### **Zoo News!**

We had an interesting and unusual exhibit on our Supportive Pathways unit recently. Perry Steinhillier, a naturalist affiliated with the Calgary Zoo presented us with his "Bio-Facts" from all over the world.

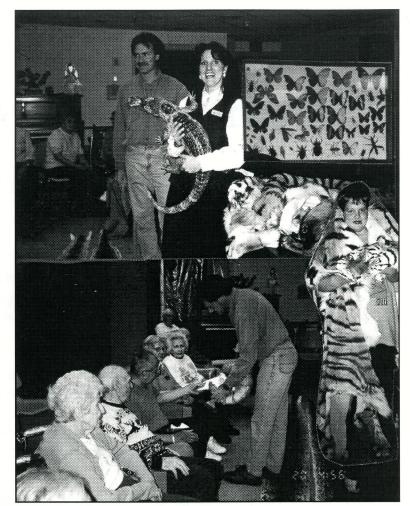
We were treated to a hands on experience as Perry went person to person with tiger and bear skins, dinosaur teeth, beautiful preserved butterflies as well as a preserved crocodile. The residents and families had a ball during this fun and informative presentation and Perry even stayed for tea afterwards.

The response from our Alzheimer and dementia residents was phenomenal. Talk about sensory stimulation!

If your unit is interested in this exhibit, please call Perry at 730-7647.

Karen Gilmour 2E Supportive Pathways, Fanning Centre

(Top left) Karen cuddles a baby crocodile (stuffed of course!), (Top right) a beautiful butterfly collection, (bottom left) Perry passes around a snake, (bottom right) this tiger skin feels wonderful.





### Sharing our best practices

A few weeks ago, Anne McGowan, Director of Nursing and Sherry McDonald, Education Resource nurse from Oliver Lodge in Regina, visited Carewest George Boyack. They were interested in our Med Delivery System and signing for meds by exception. They spent the day with myself going over the original med charter work (and the way it evolved) to signing by exception. Then they went to the units and spent time with the Team Leaders. As a result of this, Anne is implementing the same procedure at Oliver. She is rewriting their procedures from the information she received from Carewest. Both Anne and Sherry were so impressed with our Med Review Program Implementation.

Jennie Hollings, Program Leader, Carewest George Boyack



## News from the Carewest Development Council

Fa la la la la.....

Glad tidings are reaching the Development office daily. In the first week of our Christmas Campaign, we have received over \$5,100.00 in donations — just a little over \$24,000 left to go!

If you want to be a part of this Holiday Season giving — just make a small gift at the business office at your Site or send it to the Development Office at the Admin. Centre. Every little bit helps us provide things for our residents!

Merry Christmas Phyllis and Robin

p.s. The spring campaign raised over \$23,000, an all time record!

#### Crafts Galore!

When our residents expressed the desire for a formal craft program this past spring, my first thought was "How am I going to pull this off?" I am totally craft challenged! That was when I talked to one of our relief Therapy Aides, Darlene DeMoissac, who is a craft-aholic! Darlene is one of the craftiest people I know and she was perfect to get me out of this mess I was in. She agreed to come in once a month to do a Make-it & Take-it Craft Program with the residents.

Our first class was back in June and Stampede scarves were our first project. We had a great turnout with 20 residents coming to the class. We drew a crowd of families, staff and other residents to see what we were up to. Since June we have had one class per month at a charge of \$5.00/class and have had to limit our class size to 20 residents. This past month, Darlene has branched out and given classes at Sarcee and Cross Bow. Thanks to all the staff who have helped out with this program and special thanks to Darlene, because without her expertise, we would be making only a mess!

Shelley Murdoch, Activity Convenor, Carewest George Boyack



Darlene DeMoissac, Therapy Aide

### ZUDOS

On a daily basis, Allan Allwood, Team Leader, and Tim Sherba, Maintenance Worker, (both from Physical Plant Services), help provide Boyack residents and staff with an optimum living and working environment. On Friday the 13th of November, 2 North staff were desperate when we found out that our #2 Liko lift had broken down. The estimated repair time was **two weeks**. When Allan and Tim learned that ten of our residents require the Liko lift several times a day, they demonstrated what teamwork is all about. These two gentlemen rebuilt a functioning Liko lift out of two broken units in one and a half hours.

Our 2 North staff and residents send a well-deserved "THANK YOU".

Dorothy Lemczyk, Team Leader 2N, Carewest George Boyack

To staff on 2 West, Carewest Dr. Vernon Fanning Centre:

I would like to extend a special thank you to all the staff that assisted in making the resident and family Christmas dinner at the Elks Club such a memorable event. There was a lot of reminiscing as several of the residents had golfed or attended social events at the Elks Club in years past. As well, many of the family members spoke of the wonderful care the staff provide; not just on special occasions, but on a daily basis. Thank you for adding quality to the lives of residents who make Carewest their home.

Amita Sharma, Program Leader, Carewest Dr. Vernon Fanning Centre

#### News from Payroll and Benefits Administration

Justice Minister Jon Havelock announced in a news release that the provincial government plans to make legislative and program changes next spring to improve maintenance enforcement in Alberta. The changes are in response to the reccommendations of the MLA Review of the Maintenance Enforcement Program and Child Access report.

The government will address the following:

• support federal efforts to set up a new hires registry to track individuals who are not making their required support payments.

- examine different methods to identify and search for debtors who purposely avoid meeting their payment obligations.
- expand the number and types of businesses and organizations against which a Notice of Attachment may be issued; and
- bring together all provincial laws covering family law into a "single, up-to-date and simplified piece of legislation."

Jim Myres, Team Leader, Payroll, Benefits & Scheduling

#### IT'S THANK YOU TIME AGAIN!

The recipients of the NOVEMBER Employee Recognition Thank You draw awards are:

Admin Centre

Linda Bellavance

Cross Bow

Mary Ann Guillergan

Sarcee

Cecilia Rodriguez

George Boyack

Shelly Cogbill

Fanning

Randy Bonneau

Glenmore

Colleen Young

CONGRATULATIONS TO YOU ALL AND THANK YOU FOR MAKING A DIFFERENCE! CHRISTINE CLEMENTS WILL BE CONTACTING ALL AWARD RECIPIENTS FOR AWARD SELECTION.

KEEP THE THANK YOU'S ROLLING IN! THE DECEMBER DRAW ISN'T FAR OFF!

The Employee Recognition Council

#### **CLASSIFIED ADS**

The following were taken from recent classified ads in newspapers and we thought you might get a laugh out of them as well.

1 Man, 7 woman hot tub — \$850/offer

Amana washer \$100. Owned by clean bachelor who seldom washed.

Snow blower for sale...only used on snowy days.

Free puppies...part German shepherd part dog

2 wire mesh butchering gloves, 15-finger, 13-finger, PAIR: \$15

Tickle me Elmo, still in box, comes with its own 1988 Mustang, 5L,

auto, excellent condition \$6800

Cows, calves never bred. Also 1 gay bull for sale.

'83 Toyota Hunchback — \$2000

Star Wars Job Of The Hut — \$15

Free puppies: 1/2 cocker spaniel - 1/2 sneaky neighbour's dog

Free Yorkshire terrier. 8 years old. Unpleasant little dog.

German Shephard. 85 Lbs. Neutered. Speaks German. Free.

Free 1 can of pork & beans with purchase of 3 BR 2 Bth home.

For Sale: Lee Majors (6 Million Dollar Man) - \$50

Nordic Track \$300 - Hardly Used - Call Chubbie

#### For Sale

Mechanical recliner lifting chair. Only a few years old. \$700 obo. Call Mr. Jacobs at 260-6709, days or 256-1104 evenings.

