

Comprehensive  
Community Care

# Carewest C3 Beddington

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## Summary of Site and Services

Carewest C3 Beddington opened its doors to the Calgary community in 2013 and offers programs and services to clients over the age of 65, living in north Calgary.

### Comprehensive Community Care



A support program for seniors providing case management and primary care to elderly clients - allowing them to remain at home with a higher quality of life. Care is provided by a 24-hour team through a medical clinic, day program, home support, transportation, access to designated continuing care beds and emergency response telephone system.

### One stop shop

If you need ongoing medical care, home services and day support to remain independent at home, the C3 program could be for you. Our objective is to help you manage your physical, medical and social well-being. We will assist you with medications, laboratory tests, specialist appointments and therapy.



### At Home



Our Community Care Assistants will help you with managing your personal care (such as bathing, getting dressed, taking medications). A Registered Nurse is just a phone call away – day or night through our 24-hour telephone service. We may also phone you to remind you about your medications.

### At Carewest C3 Beddington

Our bus will pick you up to come to the Day Centre two days a week. Our team of healthcare professionals will support you to stay as healthy and independent as possible. You may be seen by any members of the Care Team (depending on your special needs). Our pharmacy will provide your medications.



### Social Opportunities



Social opportunities are an important part of the C3 program. The Day Centre provides an ideal environment to make friends and take part in meaningful activities.

### Physicians

As our objective is to assist you in managing your health care, we have our own physicians. This means that once you join the program, one of our family physicians will direct your care.

