

**Visitors to Long Term Care or Designated Supportive Living
Designated Essential Visitor Screening **UPDATED MARCH 22, 2020****

- **Residents of this site are at extreme risk if exposed to COVID-19.**
- Effective immediately, visitors to all congregate living sites are restricted to one essential visitor only.
- No social visits are permitted.
- An essential visitor, designated by the Resident or guardian (or other alternate decision maker), may be a family member, friend or paid caregiver over 18 years of age. Visits from children are restricted, as children do not necessarily show symptoms of COVID-19.
- Visits from a designated essential visitor are limited to situations where:
 - direct care is being provided to the Resident (i.e. feeding, constant observation for safety or participating in care when sites can't meet resident care needs), or
 - a Resident is dying.
- No visiting pets.

Note:

- Exceptions to the above for Residents who are dying must have the prior approval of the facility manager.
- Operators are expected to:
 - support each Resident, or guardian/alternate decision-maker, to ensure an essential visitor is designated.
 - ensure only the designated essential or exempted visitor is allowed into the site at any time.
 - ensure that the screening is conducted on every visit by a security person or greeter, with temperature checks completed using a non-invasive infrared or similar device (no oral thermometers).
 - track arrival and departure times of designated essential visitors.

SCREENING – TO DETERMINE IF DESIGNATED ESSENTIAL VISITORS MAY ENTER TODAY

1.	Do you have any of the below symptoms:	CIRCLE ONE	
	• Fever (temperature must be below 38 degrees Celsius)	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Muscle Aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis	YES	NO
2.	Are you immunocompromised?	YES	NO
3.	Have you travelled outside of Canada in the last 14 days?	YES	NO
4.	Have you had close contact (face-to-face contact within 2 meters/6 feet) with someone who is ill with cough and/or fever?	YES	NO
5.	Have you been in contact in the last 14 days with someone that is being investigated or confirmed to be a case of COVID-19?	YES	NO
6.	Have you had laboratory exposure while working with specimens known to contain COVID-19?	YES	NO
7.	Are you on self-isolation for COVID-19?	YES	NO
8.	Are you being tested for COVID-19?	YES	NO
9.	Have you tested positive for COVID-19?	YES	NO

If you have answered “**Yes**” to any of the above questions, please **DO NOT** enter at this time.

If you have answered “**No**” to all the above questions, please sign in and out and practice hand hygiene (wash hands for 30 seconds, and or use hand sanitizer) before and after your visit.

Our goal is to minimize the risk of infection to our residents and staff, thank you for your understanding and cooperation.

Name _____ Signature _____

Date _____

Guidance for Visitation in Congregate Living Sites UPDATED MARCH 22, 2020

We do recognize that visits from family and friends are an important part of the lives of our continuing care residents. At the same time, COVID-19 has been demonstrated to be a particular risk to older adults and those with heart or lung disease, or multiple chronic conditions. Not only does COVID-19 appear to lead to more severe illness, the death rate amongst these groups consistently ranges from 15-20% in various studies.

Prevention of infection is the most important step we can take in protecting one of our most vulnerable populations, those living in congregate facilities. While fully appreciating the need to find the balance between visitor restriction and ensuring continued quality of life for residents, visitor restriction is one of the most important tools we have available to us. At this stage, the following guidance is in effect:

- **Residents of this site are at extreme risk if exposed to COVID-19.**
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Note:

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 - Operators are expected to:
 - support each Resident, or guardian/alternate decision-maker, to ensure an essential visitor is designated.
 - ensure only the designated essential or exempted visitor is allowed into the site at any time.
 - ensure that the screening is conducted on every visit by a security person or greeter, with temperature checks completed using a non-invasive infrared or similar device (no oral thermometers).
 - track arrival and departure times of designated essential visitors.
1. Post signage at all entrances to your facility. Signage is available through connection.albertahealthservices.ca
 2. Screen and verify the identity of designated essential visitors at arrival. This includes a temperature check. This needs to identify anyone who:
 - a. Appears to be ill or reports fever, cough, shortness of breath / difficulty breathing, sore throat, runny nose / nasal congestion, feeling unwell / fatigued, nausea / vomiting / diarrhea, muscle aches, headache or conjunctivitis;
 - b. Is immunocompromised
 - c. Has travelled outside Canada in the last 14 days;
 - d. Is a close contact of someone who has recently developed fever, cough, shortness of breath / difficulty breathing, sore throat, runny nose / nasal congestion, feeling unwell / fatigued, nausea / vomiting / diarrhea, muscle aches, headache or conjunctivitis;
 - e. Has been in contact in the last 14 days with someone that is being investigated or confirmed to be a case of COVID-19;
 - f. Is on self-isolation for COVID-19;
 - g. Is being tested for COVID-19;
 - h. Has tested positive for COVID-19.
 3. Identify to designated essential visitors that if any of the screening questions have a “yes” answer, they will not be allowed to visit.
 4. Alternate methods for communication, such as Facetime or Skype, need to be considered as part of an overall plan to support our residents.