

## Laundry

Both our Glenmore Park and Dr. Vernon Fanning facilities provide wheelchair-accessible, coin-operated washers and dryers for clients' personal use. It is the responsibility of the client to care for their clothing. A personal laundry service is also available at Sarcee and Dr. Vernon Fanning, for a fee.

## Valuables

We ask that clients not bring valuable jewellery or large sums of money.

## Visitor Parking

Please check with the front receptionist for details.

## Visiting

Attending therapy is a priority and visits from friends and family should be arranged around the therapy hours. All clients must actively participate in the therapies program while at RCTP. Therapy may occur two to three times per week.

## Amenities

- Cafeteria
- Gift Shop
- Gardens
- Telephones for local calls

## Cost of RCTP

There is no fee for RCTP. If a client is assessed and approved for long-term care placement, designated living, or an approved personal care home, the daily room rate charge applies. Staff are available to answer any further questions you may have in reference to cost.

## Locations

Carewest Dr. Vernon Fanning  
722 – 16th Avenue NE Calgary  
Phone: 403-230-6945

Carewest Glenmore Park  
6909 – 14th Street SW Calgary  
Phone: 403-258-7650

Carewest Sarcee  
3504 Sarcee Road SW Calgary  
Phone: 403-686-8118

## Innovative Health Care

Carewest is a leading health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 14 locations and several community services aimed at helping people live more independent lives.

## The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit our website at [www.calgaryhealthtrust.org](http://www.calgaryhealthtrust.org)

Calgary Health Trust Charitable Reg. (B.N.)  
89383 4697 RR0001

## Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

**To provide our residents and clients with quality care in safe, comfortable and supportive environments.**



[www.carewest.ca](http://www.carewest.ca)

January 2020



## Rehabilitation and Community Transition Program (RCTP)



## Welcome

The Rehabilitation and Community Transition Program (RCTP) is a program for people who do not need to be in an acute care hospital but who cannot immediately return home or to another care setting.

The focus of the program is rehabilitation so the stay is short – generally from one to six weeks. As part of an overall discharge plan, our goal is to provide you with treatment so that you improve your level of functioning to the point where you can manage at home or in another appropriate environment.



## Members of the Care Team

Core members of the care team will include, but may not be limited to, the following people:

- Client and/or designated other (at the discretion of the client)
- Client Service Managers
- Licensed Practical Nurses
- Nursing Attendants
- Occupational Therapists
- Pharmacists
- Physical Therapists
- Physicians
- Recreation Therapists
- Registered Dietitians
- Registered Nurses
- Social Workers
- Therapy Aides
- Therapy Assistants
- Transition Services Coordinators
- Unit Clerks
- Volunteers

## Diagnostic Services

Access to specialized diagnostic services, such as X-ray, is provided if required and will be arranged by the RCTP staff.

## What to Bring

Clients participating in rehab in RCTP need to bring the following items:

- Comfortable clothes
- Non-slip shoes
- Personal toiletries (shampoo, shaving equipment, deodorant, etc.)

## Client Rooms

For the most part, accommodations are semi-private rooms (shared with one other person) with an adjoining washroom. Depending on your care needs (and those of other incoming clients), it is possible that you will be transferred from your original room to another room on the care unit during your stay.

## Meals

Meals are served in the dining room or, if necessary, in the client's own room. Daily menus are posted and choices are available. Therapeutic diets, such as diabetic or low salt, are provided.

## Television and Telephone

Cable television service in client rooms is available for a fee, paid through the Business Office.

While Carewest Glenmore Park and Carewest Sarcee have an exclusive television rental system, clients staying at Carewest Dr. Vernon Fanning may bring their own small television and TV stand. Physical Plant Services must check the equipment for safety before it can go into a client's room.

Public telephones are available in all Carewest buildings. Client rooms are also wired for telephone. The client must bring their own telephone and set the service up through Telus for a fee. Use of cell phones is permitted in our facilities.