Referrals

For referrals, please contact:

**Living with Dementia Program:**
Carewest Day Hospital
Carewest Glenmore Park
6909 – 14th Street S.W.
Calgary, Alberta, T2V 1P8
**Phone:** 403-640-6480
**Fax:** 403-258-7681

Additional Information

We will provide information to your family physician about your treatment and progress in the program. The cost of the program is for lunch and transportation only.

The Day Hospital team collaborates with Alberta Health Services in a wide variety of services and programs.

As a result, clients and their families are able to choose the options for care that best meet their needs.

Innovative Health Care

Carewest is a leading-edge public health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary’s largest care provider of its kind, Carewest operates 13 locations and several community services aimed at helping people live more independent lives.

The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and helps contribute to the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit the website at [www.calgaryhealthtrust.org](http://www.calgaryhealthtrust.org).

Calgary Health Trust Charitable Reg. (B.N.)
89383 4697 RR0001

Living with Dementia

At Carewest Glenmore Park Day Hospital

[www.carewest.ca](http://www.carewest.ca)

July 2015
What is Dementia?

Dementia is the progressive loss of memory and difficulty with day-to-day tasks. It is due to one or more medical conditions, such as Alzheimer’s disease, cerebro-vascular disease (stroke), or Parkinson’s disease, just to name a few. Alzheimer’s disease is the most common form of dementia.

People with dementia may experience a loss of function in any of the following areas:

- Speech or language;
- Carrying out physical activities such as dressing, eating, walking and personal grooming;
- Recognizing objects, people or surroundings;
- Planning, organizing and carrying out day-to-day activities.

As time goes on, the person with dementia needs more help with daily-living activities. Generally, care is carried out at home by family members, with some assistance from other agencies, such as Home Care.

Support for Caregivers

Taking care of family members at home is a big responsibility and may become challenging for a variety of reasons.

There is support available through resources and programs in the community. The Living with Dementia program is one of those programs.

The Program

At the Living with Dementia program, we:

- Assess specific needs of the client, including the mental health or psychiatric issues, eating difficulties or other concerns.
- Provide education and support for the primary caregiver.
- Offer an environment for clients to learn and participate in meaningful activities that support their abilities and individuality.
- Provide helpful information and referrals for other community programs and respite services.
- Link caregivers with ongoing support groups.

The Care Team

The team of professionals available to assist you includes:

- Geriatric Psychiatrist
- Nurse
- Occupational Therapist
- Physical Therapist
- Recreation Therapist
- Social Worker
- Speech Language Pathologist
- Therapy Aides and Assistants
- Consulting Psychologist
- Consulting Physician

Both the person with dementia and their caregiver attend the program every Wednesday, normally for a period of three months.

At the Living with Dementia program, clients and their caregivers participate in a variety of physical and social activities, such as exercises, crafts and games as well as education sessions and discussions.