

Parking

Parking is available free of charge. Please check with the front receptionist for details.

Amenities

Sarcee Hospice has 15 private rooms designed to reflect a homelike atmosphere. There are two quiet family rooms including a children's play area.

A chapel provides a place for spiritual reflection for all faiths. Other amenities include:

- a gift shop
- cafeteria
- peaceful gardens
- serene settings

Meals

Meals are served in the Hospice dining room or in the client's private room. Daily menus are posted and choices are available. A Dietitian is available to help with special dietary needs (i.e. diabetic, low salt, etc.).

Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 13 locations and several community services aimed at helping people live more independent lives.

The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate, please call (403) 943-0615 or visit our web site at www.calgaryhealthtrust.org

Calgary Health Trust Charitable Reg. (B.N.)
89383 4697 RR0001

Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.

 **Carewest**
INNOVATIVE HEALTH CARE
www.carewest.ca

August 2015



Carewest
Sarcee Hospice

 **Carewest**
INNOVATIVE HEALTH CARE

Welcome

Sarcee Hospice is a special unit dedicated to providing 24-hour care in a homelike setting for the last few weeks of a person's life. The hospice unit is a part of the continuum of Alberta Health Services Palliative and Hospice Care.

We believe that all individuals have the right to quality end-of-life care. Every effort is made to provide individualized, family centred care in a way that celebrates life and the dignity of death.

Goals of Care

- To support the client and family with coordinated efforts of physical care and emotional, spiritual and financial assistance.
- To alleviate and manage symptoms and to maintain the client's comfort.

What to Bring

- Dressing gown
- Non-skid slippers
- Personal toiletries (lotions, shaving equipment, toothpaste, etc.)
- Items to personalize your room (family photos, comforters, pillows, etc.)

Visiting

Visitors are warmly welcomed at Sarcee Hospice any time of the day or night.

The Care Team

Care is provided by specially trained members of an interdisciplinary team. At the centre of the team is the individual, family and loved ones.

Members of the Care Team will include - but may not be limited to - the following people:

- Consultant Palliative Care Physician
- Family Physician
- Nursing Attendants
- Client and Family
- Pharmacist
- Registered Dietitian
- Registered Nurses
- Social Worker
- Spiritual Care Coordinator
- Unit Clerk
- Volunteers

Costs of Care

Your Alberta Health Care insurance covers many hospice and palliative care services, while private insurance benefits may also cover some costs. For more information, please contact the Hospice Social Worker.

Your Room

Each private room is tastefully decorated and furnished with comfortable seating, a small refrigerator, small bedside chest of drawers, a wardrobe/closet and TV. Clients are encouraged to make their room as homelike and soothing as possible, bringing with them small items that hold meaning and provide comfort.

Valuables

We ask that clients not bring valuable jewelry or large sums of money when they come to stay at Carewest. However, clients may want to have change on hand to purchase small items from the gift shop.

Location

Carewest Sarcee Hospice

3504 Sarcee Rd. SW
Calgary, AB T3E 4T4
403-685-6460