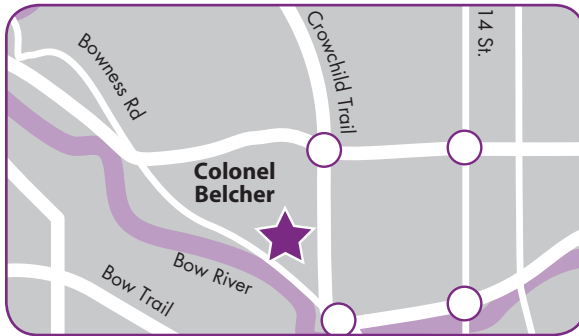


## Locations

### Carewest Colonel Belcher



1939 Veterans Way N.W.  
Calgary, Alberta, T3B 5Y8  
Main: 403-944-7800

### Carewest Signal Point



6363 Simcoe Road S.W.  
Calgary, Alberta, T3H 4M3  
Main: 403-240-7950

### Carewest Dr. Vernon Fanning



722 – 16 Avenue N.E.  
Calgary, Alberta, T2E 6V7  
Main: 403-230-6900

## Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 13 locations and several community services aimed at helping people live more independent lives.

## The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and helps ensure the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit our website at [www.calgaryhealthtrust.org](http://www.calgaryhealthtrust.org)

Calgary Health Trust Charitable Reg. (B.N.)  
89383 4697 RR0001



## Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.



[www.carewest.ca](http://www.carewest.ca)

October 2014

## Carewest Day Programs



## Welcome

Carewest offers Day Programs for adults of all ages who are living in the community and have limitations affecting their ability to socialize and interact in community activities. The Adult Day Program at Carewest Colonel Belcher, the Dementia Day Program at Carewest Signal Pointe and the Younger Adult Day Program at Carewest Dr. Vernon Fanning are available to adults who may suffer from chronic illness or physical disabilities.

## Goals

In a secured, friendly environment, the program strives to:

- Give clients a chance to engage in meaningful activities while providing respite to their caregivers;
- Inform clients and their families about health promotion to aid in daily decision-making about health issues;
- Monitor health status and refer clients to other health services when necessary;
- Foster social contact and friendships;
- Promote self-esteem, confidence and independence; and,
- Help clients connect with other appropriate community services.

## Services Offered

The following services are provided:

- Caregiver respite, support and information
- Socialization and peer support
- Nutritious meals and snacks
- Recreational activities, events and outings
- Some personal care
- Physical exercise
- Cognitive stimulation
- Health status monitoring
- Monthly blood pressure and weight measurement

## Meals

Lunch is provided as part of the service. Special dietary needs may be accommodated.

## Access

This program is part of the Alberta Health Services (AHS) network of Adult Day services. Participants must meet the Day Program eligibility requirements.

The Day Program must be accessed through Home Care at 403-943-1920.

## Costs

A nominal daily fee per visit includes lunch, snacks and supplies. The fee may be reduced or waived for certain clients who are eligible for AHS subsidies. Clients are responsible for the cost and arrangement of transportation. Onsite parking is available. Please see the front receptionist for details.

## Information

For more information, please call:

### Adult Day Program at Carewest Colonel Belcher

A holistic program in a safe environment for individuals over the age of 65 who are medically stable.  
403-944-7852

### Dementia Day Program at Carewest Signal Pointe

A program in a secure environment for individuals with dementia who have cognitive impairments, difficulties communicating, impaired judgement and require assistance.  
403-240-7966

### Younger Adult Day Program at Carewest Dr. Vernon Fanning

A program for adults under the age of 65 who have physical or cognitive impairments, difficulties with communication and require assistance.  
403-230-6999