

Referrals

Anyone can make a referral to the Day Hospital and we ensure that your family doctor is aware of the referral. A member of the Day Hospital team will contact you and arrange a time to meet to discuss your needs and begin a care plan.

The Day Hospital team collaborates with Alberta Health Services to offer a wide variety of services and programs. Through this partnership, clients and their families can receive the type of care that best meets their needs.

For referrals, please contact the Day Hospital directly. Telephone: 403-640-6480, Fax: 403-258-7681.

Hours, Costs and Transportation

- Day Hospital is open Monday through Friday and clients attend from 9:30 a.m. to 2:30 p.m., usually two days a week.
- Transportation can be arranged for you throughout your Day Hospital treatment program.
- Your costs are limited to transportation and lunch. Lunch can be selected daily from a menu.

Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages.

As Calgary's largest care provider of its kind, Carewest operates 13 sites and several community services aimed at helping people live more independent lives.

The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate, please call 403-943-0615 or visit our web site at www.calgaryhealthtrust.org

Calgary Health Trust Charitable Reg. (B.N.)

89383 4697 RR0001

Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.



www.carewest.ca

April 2015



Day Hospital

at Carewest Glenmore Park



About Day Hospital

The Carewest Day Hospital provides a comprehensive blend of assessment and treatment for older adults:

- Who are not managing well at home because of health problems;
- Who may recently have been discharged from a hospital and require ongoing professional rehabilitation services; or
- Whose quality of life may be diminished because of physical, mental or social health problems.

Admission Criteria include:

- Adults who are over 65 years of age;
- Adults who are currently living in the community (at home or assisted living);
- Adults who are capable of getting to the program site.

Our Aim

At Day Hospital, we aim to help you improve your functional ability and enhance your wellness and quality of life. We link with other community programs and services and also forward reports and recommendations to your family doctor and other care providers.

Day Hospital Services

Day Hospital services are designed to be short term. The average length of treatment is three to four months. An interdisciplinary team works with you and your family to identify and address your care needs.

Medical

The medical staff of the Day Hospital provide expertise in the areas of family medicine, geriatrics and psychiatry.

Nursing

Nursing services in the Day Hospital assist with a wide variety of health issues and concerns. These may include medication management, nutrition counseling, pain management, and incontinence assessment and management.

Social Work and Psychology

Dealing with the effects of chronic illness or changes in function can be difficult. The Day Hospital social work and psychology services will help you and your family members with concerns you have or challenges you may be facing. This may include counseling and access to community services.

Rehabilitation

The Day Hospital rehabilitation services are wide and varied. Staff members provide expertise in the specialties of physical therapy, occupational therapy, and recreation therapy to help you attain the best possible level of independence.

Speech

Various conditions and illnesses can mean loss of speech, hearing or the ability to swallow. The Day Hospital speech language pathologist will help you improve and adapt to these changes.

Other Services

Living with Dementia

Day Hospital also offers a program aimed at helping individuals who have dementia along with their primary caregivers, by providing education, counseling, guidance and links with community services.

Focused Rehabilitation Clinic

Day Hospital therapists offer short-term focused rehabilitation services for seniors with complex needs, often related to long-standing health concerns.

The Day Hospital is located at:

Carewest Glenmore Park

6909-14th Street S.W.
Calgary, Alberta T2V 1P8
Phone: 403-640-6480

