

Amenities

- Cafeteria
- Gift shop
- Lounges with televisions
- Gardens
- Entertainment activities
- Telephones for local calls
- Coin-operated washer and dryer
- Computers

Carewest Glenmore Park



6909 14th Street SW
Calgary AB T2V 1P8
Phone: 403-258-7672
Fax: 403-258-7678

Visiting

Attending therapy is a priority and visits from friends and family should be arranged around the therapy hours.

Parking

Please check with the front receptionist for details.

Diagnostic Services

Access to specialized diagnostic services (such as X-ray and lab services) is arranged by the Geriatric Mental Health Unit staff.

Costs

There is no fee for the Geriatric Mental Health Unit. If a client is approved for long-term care placement, designated assisted living, or an approved personal care home, the daily room rate charge applies. Staff is available to answer any further questions you may have in reference to cost.

Innovative Health Care

Carewest is a leading-edge health care organization that provides long-term care, rehabilitation and recovery services and community programs for adults of all ages. As Calgary's largest care provider of its kind, Carewest operates 13 locations and several community services aimed at helping people live more independent lives.

The Calgary Health Trust

The Calgary Health Trust fundraises for excellence in health care and contributes to the quality of life for those served by Carewest. To donate please call 403-943-0615 or visit www.calgaryhealthtrust.org.

Calgary Health Trust Charitable Reg. (B.N.)
89383 4697 RR001

Philosophy of Care

In support of our Carewest Frame of Reference, our Philosophy of Care is:

To provide our residents and clients with quality care in safe, comfortable and supportive environments.



www.carewest.ca

July 2015



Geriatric Mental Health
Rehabilitation Unit
at Carewest Glenmore Park



Welcome

The Geriatric Mental Health Unit is for seniors who have psychiatric disorders and need assessment and rehabilitation. This program is for those who do not need to be in hospital but would benefit from personal and group therapy to improve functioning and quality of life.

The Geriatric Mental Health Unit at Carewest Glenmore Park is a part of a continuum of mental health services offered in partnership with Alberta Health Services.

Care and Services

Trained staff will work with clients and their family to establish goals. Care is aimed at helping clients manage their physical, emotional and social health.

Treatment requires participation in a variety of groups and program activities. The purpose of the Geriatric Mental Health Unit is to have clients manage successfully in the community when they return home.

The Care Team

Members of the Care Team are able to assist with all levels of care.

Members of the Care Team will include – but may not be limited to – the following people.

- Nurse Clinician
- Family Physician
- Licensed Practical Nurses
- Nursing Attendants
- Occupational Therapists
- Pharmacist
- Physical Therapists
- Psychiatrist
- Psychologist
- Recreational Therapists
- Registered Dietitian
- Registered Nurses
- Registered Psychiatric Nurses
- Social Worker
- Therapy Assistant
- Transition Services Coordinator
- Volunteers

A Home Away from Home

Staying at Carewest is not like staying in a hospital.

Although Carewest centres offer a broad range of therapy, we also have a homelike atmosphere.

Instead of hospital gowns, clients are encouraged to wear their own clothes so they can be as comfortable as possible.

What to Bring

- Comfortable clothes
- Non-slip shoes
- Personal toiletries (i.e. shampoo, shaving equipment, deodorant)

Television and Telephone

Televisions are available in the common lounges.

Public telephones are available in all Carewest buildings.

Your Room

All client accommodations are private.

Meals

Meals are served in the dining room. Daily menus are posted and choices are available to help with special dietary needs (i.e. diabetic, low salt).

Valuables

We ask that clients not bring valuable jewelry or large sums of money when they come to stay at Carewest. However, clients may want to have change on hand to purchase small items from the Gift Shop.

